

# ParentLine

NSW

# 1300 1300 52

## Parenting support for families coping with Domestic Violence



I really needed help to make sense of the chaos in our family. **The Parent Line counsellor made it clear it was Domestic Violence.**

My kids had just had a nightmare of an access visit. **I could phone Parent Line straight away and talk to someone.**

Violence has made our lives unbearable. **It was great to talk to someone who understood how it has affected my kids.**

Many parents are struggling to care for children in the midst of Domestic Violence. Parent Line can help. Our 24/7 telephone counselling and support service for parents and carers all over NSW offers:

- Professional, experienced parenting expertise for 0 to 18 year olds
- Strategies tailored to meet the needs of families affected by DV
- Immediate access to support, 24 hours a day with no waiting

[www.ParentLine.org.au](http://www.ParentLine.org.au)

Free Professional Help for Parents and Carers **24/7**

