



Free To Be You

Information for Referring Agencies

Free To Be You is a drop in afternoon for young people in Port Stephens who identify as LGBTQIA+ or who are questioning their sexuality or gender identity.

Free To Be You is held at The Deck in Raymond Terrace from 2:00pm - 5:00pm every second Monday during school terms. The Group is open to young people aged 12 -20 years of age.

Free To Be You aims to provide:

- a safe, autonomous, supervised space for LGBTQIA+ young people
- a social network and friendships between young people which may not be available to them otherwise. This connection aims to reduce stigma, social isolation and increase self-esteem and connectedness
- group activities
- positive role models
- discussions on current LGBTQIA+ politics or topics relevant to this group
- resources on local LGBTQIA+ services, resources, supports and other youth services

How to join the group

For further information or to join the group call 0498118335 or email kelly.fletcher@psfans.org.au