

Tuning In To Kids

A SIX SESSION PARENTING PROGRAM FOR PARENTS OF CHILDREN AGED 4-11 YEARS



PORT STEPHENS
FAMILY AND
NEIGHBOURHOOD
SERVICES



Would you like to learn how to:

- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

This will help your children to:

- have greater success with making and keeping friends
- have better concentration at school
- be more able to calm down when upset or angry

WHERE: 5 Phillip St, Raymond Terrace
WHEN: Thursday 26th October - 7th December 2023
TIME: 10am - 12pm
HOW TO BOOK: Call 49 800 800 to register
Bookings essential



Childminding available
(limited spaces)

