

# Reclaiming My Place



## Do you enjoy making art? Are you keen to set goals for your future?

Reclaiming My Place is a program for women, that explores art making for mindfulness, relaxation and connection to lifelong learning.

Reclaiming My Place will be held each **Tuesday** morning,  
from **10:00 am - 12:00pm**

**@ The Deck, 1A Kangaroo St, Raymond Terrace**  
on the following days:

**Tuesdays August 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>, then September 2<sup>nd</sup>, 9<sup>th</sup> 16<sup>th</sup> & 23<sup>rd</sup>**

**An exhibition & celebration event will be held on  
Tuesday September 30<sup>th</sup>, 2025**

Interested? Let your support worker know.