

Tuning In To Kids

A SIX SESSION PARENTING PROGRAM FOR PARENTS OF CHILDREN 4-11 YEARS



PORT STEPHENS
FAMILY AND
NEIGHBOURHOOD
SERVICES



Would you like to learn how to:

- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

This will help your children to:

- have greater success with making and keeping friends
- have better concentration at school
- be more able to calm down when upset or angry



Morning tea provided

WHERE:

3 Phillip Street, Raymond Terrace

WHEN:

Thursday 28th May to 2nd July 2026

TIME:

10am - 12pm

HOW TO BOOK: Call 49 800 800 to register

Bookings essential

